

# NEWTON HALL BREAKFAST MENU

SERVED BETWEEN 8.00 - 9.30

PLEASE HELP YOURSELF TO FRUIT JUICE, GRAPEFRUIT, CEREALS AND YOGHURT.  
PORRIDGE AND \*FRESH FRUIT SALAD IS AVAILABLE ON REQUEST

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## FULL SCOTTISH BREAKFAST

BACON, SAUSAGE, FRIED BREAD, POTATO SCONE, GRILLED TOMATO, BUTTERED MUSHROOMS AND  
FRIED EGG

YOU CAN EXCHANGE OR ADD FROM THE FOLLOWING: BLACK PUDDING, HAGGIS, BAKED BEANS OR  
HASH BROWNS

## HEALTHY OPTION

BACON, BUTTERED MUSHROOMS, GRILLED TOMATO AND POACHED OR SCRAMBLED EGG

## VEGETARIAN ALTERNATIVE

VEGETARIAN SAUSAGE, BUTTERED MUSHROOMS, GRILLED TOMATO, BAKED BEANS AND POACHED OR  
SCRAMBLED EGG.

## TWO EGG OMLETTE

PLAIN, MUSHROOM OR CHEESE

## LIGHT CHOICE

TWO POACHED, SCRAMBLED OR BOILED EGGS

## FISH

A PAIR OF KIPPERS

\*SMOKED SALMON AND SCRAMBLED EGGS

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WHOLEMEAL OR WHITE TOAST WITH ASSORTED PRESERVES

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CAFETIERS OF FRESHLY GROUND COFFEE (DECAF AVAILABLE)

CAFÉ LATTE (SMOOTH MILKY COFFEE)

BREAKFAST TEA, EARL GREY TEA, CHOICE OF FLAVOURED TEAS

HOT CHOCOLATE

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PLEASE LET US KNOW IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS

\*IF YOU WOULD LIKE FRESH FRUIT SALAD OR SMOKED SALMON AND SCRAMBLED EGGS, PLEASE LET  
US KNOW THE NIGHT BEFORE